

# ACTIVITY IDEAS

## SKILL

Art	Coaching levels	Flying	Jigsaws	Sculpture
Astrology	Cooking	Furniture restoration	Lead lighting	Singing
Debating	Darts	Gardening	Leatherwork	Sky diving
Boat License	Dog training	Geology	Literacy & numeracy	Scuba diving
Billiards	Drama	Gliding	Metal/plastic work	Short courses
Car Maintenance	Drawing	Historical projects	Music	TAFE course
Car Restoration	Dress making	Home brewing	Painting	VET Course
Cartooning	Driving	Horse riding	Photography	Video production
Chess	Disc jockey (DJ)	Juggling	Pottery	Wine making
Choreography	Farming	Jewellery making	Public speaking	Wood work
Computing	Film production	Knitting	Radio (hosting etc)	Writing
Communication skills	Forestry	Languages	Religious studies	Yoga
Conservation	Fishing	Independent living skills	Snooker	Vehicle driving & maintenance

## PHYSICAL RECREATION

Aerobics	Archery	Athletics	Badminton	Baseball
Athletics	Basketball	Bowling/ Bowls	Cycling	Callisthenics
Ballet	Caving	Cricket	Golf	Dancing
Canoeing	Fencing	Football	Hang gliding	Gridiron
Diving	Gymnastics	Handball	Jogging	Hockey
Gym Work	Ice skating	Jazz Ballet	Lacrosse	Judo
Ju-jitsu	Karate	Kick Boxing	Tennis	Marching
Netball	Orienteering	Fitness program	Rugby	Mountain biking
Roller blading	Sculling	Rowing	Skiing	Rock climbing
Scuba diving	Squash	Skateboarding	Swimming	Sailing
Softball	Tai Chi	Surfing	Tennis	Soccer
Tae kwon do	Weightlifting	Trampolineing	Volleyball	Water polo
Water skiing	Ten Pin Bowling	Windsurfing	Walking	Wheel chair sports

## SERVICE

Conservation	School leader	Riding for disabled	Coaching	Surf Life Saving
Elderly care	CFS/ SES	Fundraising	Umpiring	Help at Sunday school
Animal shelters	Tree planting	Hospital work/visits	Scoring	Overseas Volunteer work
Vet assistant	First Aid	Cadets/ Guides	Tuckshop help	Library assistance
Peer support	School projects	Helping at homeless shelters		Helping special needs people

## ADVENTUROUS JOURNEYS

Bushwalking	Kayaking	Mountain Biking	Four Wheel Driving	Snow trip
Sailing	School camp	Overseas travel	School exchange	Voluntourism
One & All	Interstate sports competition	Cultural trip	Special project	Orienteering

## RESIDENTIAL (Gold Award Only)

Leadership training	Peer mentor on Youth camps	Working overseas with aid charity	Exchange program	Outdoor adventure courses
---------------------	----------------------------	-----------------------------------	------------------	---------------------------

