

# DUKE'S

# WAYPOINT

SPRING 2009

NEWSLETTER FOR COORDINATORS  
OF THE DUKE OF EDINBURGH'S AWARD  
IN NEW SOUTH WALES



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# GOLD AWARD CEREMONY



Gold Awardees Christine Ferguson and her son Daniel

## GOLD RUNS IN THE FAMILY

Christine Ferguson (nee Wrigley) received her Gold Award in 1980. Prince Philip was present at the Conservatory of Music that day to present her with the Gold Award. Nearly thirty years later, Christine attended a second Gold Award Ceremony on 15 August, at which her son Daniel Ferguson received his Gold Award.

"It was a glorious day on the lawns of NSW Government House," she said, "enhanced by seeing 97 outstanding young people acknowledged for their perseverance and dedication."

Her Excellency Professor Marie Bashir AC CVO, Governor of NSW, presented the Gold Award certificates. "It was a joy to see Daniel proudly walk up to her, having satisfied the requirements for his Gold Duke of Edinburgh's Award," said his beaming mum.

Christine is the Careers Adviser at Northmead High School and recommends the Award to students.

"It's a fantastic credential. I found out that the University of New South Wales gives three bonus entry points for a Gold Award. I'm really impressed that it is so valued by universities."

Her belief in the value of the Duke of Edinburgh's Award extends to her children. "All of my kids are doing the Award," she said. "My youngest daughter, Bethany, will start her Bronze next year – she has already planned what she is going to do for each section." Daughter Kate has completed the Bronze and Silver Awards and is working on her Gold, and son Daniel has now achieved all three levels.

"Life isn't all about getting a high mark. It's about getting involved in the whole of life – not just academic studies," said Christine. "Young people who take part in activities outside the classroom are more likely to be successful than those who get good grades. The Duke of Edinburgh's Award is not just a badge. It's your life experiences that make you into the person you are."

## GOLD RECIPIENTS – MAY 2009

Kelly Aitchison	Lachlan McGregor
Louise Allman	Katrina McKenzie
Kathryn Barovs	Charlotte Mills
Isabel Baudish	Laura Moffat
Jessica Bowers	Leisl Moffat
Sophie Boyle	Nick Morrison
Anna Braye	Jessica Morton
Morgan Burgess	Derek Mulhearn
Emily Butcher	Jacqueline Murray
Scott Buttenshaw	Stephen Narunsky
Peter Byron	Phillippa O'Brian
Michaela Cashman	Chelsea Owen
Amelia Caspers	Elliot Oxley
Andy Chan	Philenia Parker
Victoria Chapman-Smith	Stratton Powell-Hughes
Michael Chu	Mark Pracy
Alexandra Constantin	Edward Riches
Jessica Cook	Justin Roberts
Sean Craft	Alex Roddie
Katherine Dodd	Jessica Roden
Elise Drever	Romi Rutovitz
Emma Dunbar	Rebecca Ryman
Laura Emanuel	Claire Scott
Nicola Farrington	Angie Segal
Dylan Fillery	Rowena Shannon
Jennifer Frank	Rochelle Shoppee
Samuel Garling	Andrew Smith
Carl Gillmore	Nadina Stening
Fred Gollan	Jason Stoch
Ineke Gough	Skye Stranger
George Hadjia	Derek Thompson
Madeline Hall	Matthew Thompson
Sarah Hall	Russell Tulett
Amanda Hamilton	Laura Vaccari
Chris Harvey	Sarah Vaccari
Sarah Hatch	Miriam Vickers
Sarah Hayes	Andrew Wilson
Stephanie Haywood	Anna Wotton
Justin Holbeck	Bowei Zhao
Alexandra Irlam	
Caroline Jagger	
Elisabeth Janu	
Simone Karras	
Ryan Keith	
Jessica Kirkby	
Jessica Lewy	
Justin Lipman	
Claire Lunsmann	

## GOLD RECIPIENTS – AUGUST 2009

The last Gold Ceremony for 2009 will be held on 28 November at Government House

Kristen Anstice	MacDougal Cowley	Ceinwen Hall	Katherine Orme	Jessica Sloey
Michael Asher	Christopher Crane	Rosie Hanbury	Thomas Patterson	Philippa Smith
Alexander Barwick	Liam Darmody	Jarrod Hore	Emily Perrins	Vivienne Smith
Adam Battersby	Timothy Darton	Elizabeth Jones	Bonnie-Rae Phoebe	Will Smith
Michael Behrens	Heminee Dave	Ariadne Keldoulis	Kirsten Prentice	Bradley Smithson
Justine Bispham	Ramesh De Silva	Andrew Kent	Camilla Proft	Matthew Spooner
Aaron Blake	Michele Durman	Nicholas Kime	Mikhal Pugoy	Jesse Stevenson
Annabel Blake	Jamie Evans	Alanah Koedam	Kevin Pun	Scott Stramyk
Shane Blanksby	Lauren Fairall	Christopher Leake	Madeleine Reid	Joanna Strugnell
Declan Byrne	Daniel Ferguson	Jennifer Lowe	Leah Relph	Miria Suzuki
Kate Cameron	David Flynn	Angus Lumsden	Sophie Renton	Jayden Taccori
Angela Campbell	Katie Freeland	Christian Maggio	David Riley	Stephen Tong
Philip Cao	Ella Geddes	Nathan McGrath	Natalie Rippon	Marianne Touma
Christopher Carman	Olivia Gelbart	Andrew McIntyre	Matthew Sanderson	Rachel Tsoi
Rebecca Cefai	Cameron Gibbins	Kishan Modi	Madelyn Scholtes	Cameron Turner
Roland Chanin-Morris	Alexandra Gorey	Sarah Morbey	Jessica Seaver	Henry Webb
Darren Chiu	Thomas Gregory	Lucy Morrison	Terryn Sesel	Thomas Webb
Mitchell Cope	Joshua Grimm	Georgina Murray	Madeline Sims	Alice Wilson
Wallace Correy	Brendan Hall	Natalie Ngu	Catherine Skinner	Zara Youngblutt

# Duke's Gold and Silver a bonus for University entrance



Gabrielle Upton,  
UNSW Deputy Chancellor

Did you know that a Gold or Silver Duke of Edinburgh's Award can earn you extra bonus points for entry to the University of New South Wales?

The University says that under the new Elite Athletes and Performers Program, undergraduate students who attain a Gold Award with the Duke of Edinburgh's Award are credited with three extra bonus points on their UAI rank for entry to their preferred UNSW program. Students who attain Silver will receive one bonus point.

Professor Joan Cooper, UNSW Pro Vice-Chancellor (Students) and Registrar, said the University was keen to support young leaders under the Elite Athletes and Performers Program.

"We believe that these students have the sort of attributes that we want in our graduates," she said. "UNSW chooses to support students who have undertaken the Duke of Edinburgh's Gold and Silver Awards because these student leaders understand the commitment to, and sense of community which is so important.

"Students also have flexibility of study while at UNSW to support their ongoing commitments."

Deputy Chancellor of UNSW, Gabrielle Upton, also serves on the Board of The Duke of Edinburgh's Award in Australia.

"The bonus point entry is a 'win-win' for UNSW and the Duke of Edinburgh's Award. It recognises the great intrinsic value of the Award and deservingly raises its profile. It also means that UNSW will have more high achieving young adults joining its student cohort," said Ms Upton.

"I look forward to welcoming the successful applicants to UNSW."

Visit [www.unsw.edu.au/futureStudents/undergrad/ced/FlexibleEntry](http://www.unsw.edu.au/futureStudents/undergrad/ced/FlexibleEntry) and click on Elite Athlete and Performers Program for more information or call Amanda Snowden 02 9385 8546 or email [a.snowden@unsw.edu.au](mailto:a.snowden@unsw.edu.au)

Important note: bonus points are not available for admission to the Bachelor of Medicine/Bachelor of Surgery program.



Dubbo Netball Dukes Thomas Alchin and Tierra Hausia explain Traditional Indigenous Games to primary students

## Dubbo Netball – It's not just a game

The Dubbo Netball Association has joined up with the Duke of Edinburgh's Award and enrolled seven new participants at the Bronze level. Coordinator Katrina Hausia said that the Association wanted their young players to have the opportunity to become involved in their community and to achieve a recognised award that they can put on their résumés.

"The Award is a great program. It teaches responsibility and that there are real-world consequences to every choice you make – good or bad," said Katrina. "My kids – and they do really become my kids – are like a family. They look out for each other

and they are great role models for the younger children."

Katrina's participants are enrolled in Active After-School Communities (AASC), an initiative of the Australian Sports Commission. There they learn to deliver game-based activities to primary school children for their Skill Section. Recently, participants spent a day at a local primary school where they learned to teach Traditional Indigenous Games (TIG) to others and the traditional meanings and origins of the games. They used those skills throughout the Dubbo region during NAIDOC days by helping deliver TIG to primary students as part of their Service Section.

Participants at Dubbo Netball also act as umpires and run the officials' table – time-keeping and keeping the score sheet. They are running a sports carnival and help to coach the younger players.

"My kids at Dubbo Netball will achieve their Bronze Awards this month, after they complete their Adventurous Journey at the NSW Sport and Recreation Centre at Lake Burrendong," Katrina said. "How wonderful for them to be acknowledged for activities that not only benefit the community, but make a difference in their own lives."



## ST LUKE'S GRAMMAR SCHOOL AFRICAN ADVENTURE

Summit, safari and school children show the way to Silver

By Sophie Housego, Year 10

Travelling to Africa was always something I wanted to do and to also have it count toward my Silver Duke of Edinburgh's Award was a great opportunity that I didn't want to miss. After completing my Bronze Award last year, I decided to take part in the school trip to Kenya and Uganda. This was the third trip our school has undertaken, with the dual aim of climbing Mt Kenya and also to

support Watoto Ministries by raising funds and then helping to construct classrooms and a teacher's house in Kampala, Uganda. Forty-seven people, including nine teachers and parents plus students from years 10 and 11 volunteered to go on the trip.

Before we left we spent a year training, planning and fundraising. We did three substantial training hikes, two

in the Blue Mountains and another at Barrington Tops. The practice hikes were designed to get the group working together, as well as preparing us for the physical challenge of climbing the mountain.

In order to finance the trip we raised funds by designing and selling Christmas cards, holding a jelly-bean guessing competition, selling



Dukes enjoyed dinner with a Ugandan family



St Luke's Grammar building a Ugandan school

chocolates and holding school-wide mufti days. Additionally, many businesses, individuals and families kindly donated money to help us to support the building program. Our group raised over \$75,000 for the cause.

We flew out of Sydney in July to a stopover in Dubai and then on to Nairobi, Kenya. We spent just over a week in Kenya, preparing for our ascent of the 5,000 metre high mountain with a number of acclimatisation walks. Our group had grown with over 65 local guides and porters employed to carry food, water and equipment and to help us undertake the walk safely. We were a bit scared to start with as some people were ill with flu and we knew the altitude was going to make it very difficult. Over the seven days we hiked over 100 km through spectacular valleys and peaks.

On summit day we got up at one in the morning to start the steep hike up Mt Kenya. I made it to the top with about 25 others for a memorable sunrise. I was freezing at the summit but it was worth it to see the view and to know that all our hard work paid off.

Next we packed up and flew to Kampala, Uganda. Our orientation

Sophie and her father, David Housego, hiking in Africa



included a visit to the markets, a very musical and friendly church service and a visit to the Watoto Babies' Home. I was sad to see so many sick, orphaned and abandoned children, but it made me even more motivated to help out as much as I could. Many of us felt the visit to the Babies' home was the highlight of our trip.

We spent the next five days building classrooms and a home at the Watoto School. The physical work was very hard, but I realised it was all worth it when I saw how grateful the children were. The funds we raised were used to purchase the building materials and to pay for a team of local builders that helped us to build the walls and complete the rooves. Unemployment in Uganda is very high so it was good for the builders to have work. We brought

toys, clothes, books and musical instruments to donate to the school.

We had the best fun playing with the children after school — including a soccer game with over 40 people playing at one time. The kids were very happy as both teams believed they had won! I found it difficult to leave Watoto because we had got to know the children well over the week and wanted to stay there to help them some more.

After our time at Watoto, we spent a day white-water rafting at the source of the Nile – including some very scary class five rapids. We went on a two-day safari in a game park at the Murchison Falls National Park where we saw thousands of animals including lions, giraffes and hippos.

After three-and-a-half weeks in Africa, it was time to fly to Australia. My trip to Kenya and Uganda for my Silver Award was even better than I had ever imagined it would be. Seeing the villages, meeting the children, and helping to improve the orphanage was a life-changing experience. I learned so much about the way of life of people on the other side of the world, and realised how lucky I am to live a life where everything I need to survive is so easily accessible.

Completing the hike up Mt Kenya taught me that I can complete difficult challenges through perseverance and put my mind to achieve my goals. I look forward to the challenge of completing my Gold Award and know that I will definitely return to Africa in the future.

**Phil Andrew, Duke's Coordinator from St Luke's Grammar School instigated and continues to run this outstanding biennial program – congratulations Phil!**

Sophie and Ellie Law enjoy time with local children



# ONLINE RECORD BOOK

## Take a byte out of this!

The new Online Record Book (ORB) is in the initial testing phase of the pilot program. Spearheaded by the National Office of the Duke of Edinburgh's Award in Australia, the ORB is an internet-based method of recording and tracking participants' Award activities. Future plans for the ORB also include online registration, reporting functions for Coordinators, plus an integrated messaging system.

State offices plus several selected Registered Operators across Australia are working together to ensure functionality of the program before it rolls out to all participants. Feedback has been positive from participants

and Coordinators involved in the pilot program.

Young people today are computer-savvy and expect technology to be a routine and useful part of their lives. The ORB offers a familiar electronic format that will engage our participants in a technological environment.

Future plans for the ORB include management tools for Coordinators such as reports, tracking and electronic approval of participants' activities and online submission of Award notifications. Participants will find a place to log their service hours,

journey notes and other criteria for their Awards.

Registered Operators selected to test the ORB represent the breadth and diversity of the Award program throughout Australia. Our thanks to Coordinators Melissa Johnston of Presbyterian Ladies' College Sydney, and Steven Body of Hawkesbury High School for their assistance in the pilot program thus far. We welcome Coordinator Andrew Ashby and Barker College to the pilot and look forward to the nation-wide phased rollout of the Online Record Book in 2010.

## Here's a tip to save you money!

When you order Record Books, the blue "Notice of Commencement" cards must be completed by the parents of your participants and returned to the State Office in order to begin Award activities. Sometimes, Blue cards can go astray in the process. Replacement Blue registration cards can be sent to you at no extra cost if you have recorded the original registration number in your files. Then, if a participant loses their Blue card, just call our office on 13 13 02 to request a blank replacement card. Then simply add the original record book number to it.

When your Blue cards arrive, it's a good idea to document all of the registration numbers, along with each of the names of the participants who receive a card. It'll save time and money if the cards go missing.



## A big welcome to our new Registered Operators!

Breakthru People Solutions, Dubbo  
Corpus Christi Catholic High School, Oak Flats  
Dubbo Netball Association Incorporated, Dubbo  
East Hills Boys High School, East Hills  
Enough is Enough Anti Violence Movement Incorporated, Sutherland  
Holsworthy High School, Holsworthy

Key College – Youth Off the Streets, Surry Hills  
Marist Youth Care, Westmead  
Richmond High School, Richmond  
Ryde Secondary College, Ryde  
St Paul's International College, Moss Vale  
Walcha Central School, Walcha



## HUNTER VALLEY GRAMMAR SCHOOL HIKES AND HELPS IN VIETNAM

Twenty-two Dukes from Hunter Valley Grammar School raised up to \$8,000 each for a life-changing trip to Vietnam. There, they hiked eight hours to a Hmong village, built a house for a widow and her three children, ate horse haunch delivered by a butcher on a motorcycle and stayed with villagers for four days. Excess funds raised were donated to the Know One, Teach One (KOTO) organisation and to an orphanage for blind and deaf children in Ho Chi Minh.

*"As I started going to the meetings and started to raise the money I realised*

*that it was something else that was calling me to this trip. Working as a team to raise the money was an amazing bonding experience. We knew why we were there and we were brought together by the common goal of helping. I started to get excited by the prospect of doing something for someone we didn't know, who wouldn't be able to repay us. What a glorious feeling it was when we finished. The gratitude in Mrs Sing's eyes was thanks enough."*

*Michelle Carratt,  
School Captain 2008*



Amanda Osmond with the frame of the house built by Hunter Valley Grammar

# DUKES IN ACTION

Hunter Valley Grammar Dukes set out for the Hmong village



The markets at Sapa



Shannon Taylor and Ashleigh Scriven

# THE LOWER HUNTER REGIONAL SUPPORT GROUP

## Lending a hand to Award participants and Coordinators in the Newcastle area

Since 1990, the Lower Hunter Regional Support Group (LHRSG) has relied on the time and effort of Jean Vincent, volunteer extraordinaire, for leadership and guidance. Jean started with Duke's as a Coordinator at Gateshead High School when her son turned 14 and was at a loose end. Her daughter also did the Award, and Jean continued as Coordinator and teacher at Whitebridge High School before heading up the LHRSG.

"Teenagers are on the brink of the future," said Jean. "In the Award, there's such a wide variety of things you can do. You can achieve according to your own ability."

The LHRSG meets four times a year and is open to all registered operators of the Award in the Newcastle area. These quarterly meetings are an opportunity for fellow Coordinators to meet, share resources and information about expeditions, equipment and ideas. Minutes of the meetings are distributed to all local Award organisations as an essential source of contacts and up-to-date information.

Jean and her volunteers provide support for Coordinators, answer their questions, review Gold Record Books before submission to the State Office, and organise the annual Award ceremony for the area. Their most recent ceremony included a



Mountaineer Lincoln Hall, centre, with Gold Awardees (L-R) Sylvia Evans, Sam Green, Brianna McPhee, Kate Collins and Timika Beard

keynote address by mountaineer Lincoln Hall, whose children have completed their Awards.

"Kids need to experience the satisfaction and the challenge of being out in nature and volunteering in their communities," said Mr Hall. "It connects you with the natural world and so many rewards you can achieve without any materialism."

The LHRSG also coordinates the Award for local individuals who are not able to participate at their schools. Each year, Jean guides about a dozen independent participants through the Award. "We try to give them some guidance to get them started and off and away on their Awards," she said. "My son, Robert, runs the expeditions - mostly in this area, as there are a lot of walks to do in the Hunter, especially for Bronze and Silver.

"This year a group of six or seven Gold participants did their practice and test walks in the Blue Mountains. They are very capable children - Robert is an Australian champion in orienteering, so they have to be able to map-read," she said. "It was awful weather in the practice - shocking weather and rain. They will remember it forever - they had to cope with the elements as well as the walk itself. That last big set of steps at the end took so much effort I had to laugh, reading their reports," said Jean.

"That bonding experience around the campfire - it's not just walking from here to there. They'll be friends for life because of their shared experiences."

Contact Jean Vincent at (02) 4945 0937 for more information about joining the Lower Hunter Regional Support Group.

# ADVENTURE IN YOUR BACKYARD

Must an Adventurous Journey take place far from civilisation? No! Check out this journey close to home

At Stella Maris College, Coordinator Andrea Mezger takes her participants on a coastal hike of the Northern Beaches. "We do this hike if the weather turns bad, as it is easy for the girls to be collected by their parents if we need to cancel mid-hike," said Andrea. "Plus, we have mobile coverage the whole way."

She meets the girls at Freshwater car park and hikes the scenic pathway from Freshwater to Curl Curl Beach, then through the headland tracks and beaches of Dee Why and Long Reef to Collaroy, ending the first day's hike of six hours at the Narrabeen caravan park. The second day's walk starts with the Narrabeen headland walk to Warriewood Beach and on to

Mona Vale Beach and returns to the caravan park. The third day is a hike from Narrabeen lagoon around the Warriewood wetlands and return to the caravan park to be collected.

Some Coordinators use an urban expedition as their backup in the case of inclement weather. Additionally, family or cultural concerns could merit a journey near home. If your participants are inexperienced, have low fitness levels, or have mobility challenges, an urban hike could provide an adventure to suit their situation. Communication, transportation and infrastructure is often more convenient as well, saving your organisation, parents and participants time, money and effort.



Will Morgan starts the Great North Walk

## THE GREAT NORTH WALK

Award Journey from Newcastle to Sydney

The Great North Walk offers a uniquely Australian hike through bush and city. Consisting of 250 kilometres of track all the way from Newcastle to Sydney Harbour, the entire route takes up to 18 days to walk.

Consider setting a goal of hiking the entire length of the Great North Walk with your Dukes. The Yuelarbah Track Walk at Lake Macquarie and the Lane Cove Valley Walk in Sydney offer two-day easy to moderate hikes ideal for Bronze level. Three-day Silver walks at Benowie or Watagan offer more challenge as your participants gain experience. Four-day hikes on the Hawkesbury Track and Cedar Brush Walk complete the Great North Walk, and offer a challenge to your Gold participants. Or hike the track sequentially, choosing sections to suit the needs of your Dukes.

For more information or to order the Great North Walk discovery kit, go to [www.lands.nsw.gov.au/crown\\_land/walking\\_tracks/great\\_north\\_walk](http://www.lands.nsw.gov.au/crown_land/walking_tracks/great_north_walk)

The Great North Walk ends (or begins) at Hunters Hill, where ferry services can take you to Cockatoo Island for camping with a view of Sydney Harbour. More information about Cockatoo Island, including campground info, teacher resource kits, maps, worksheets, KLA's and risk assessments is available at [www.cockatooisland.gov.au](http://www.cockatooisland.gov.au)



Coastal hike

# THE INTERNATIONAL AWARD FORUM

SYDNEY

28 – 31 OCTOBER, 2009



The Duke of Ed



In October 2009, Sydney will host the International Forum for The Duke of Ed, bringing in representatives from over 125 countries to workshop and celebrate the ongoing success of The Duke of Ed program for young people across the world.

The Forum 2009 offers The Duke of Ed in Australia the opportunity to showcase our initiatives from all around the country, and join in a truly global celebration. It is symbolic for us as it marks the beginning of a new era in the development of young people in Australia as we embark on a host of new initiatives for the Duke of Ed in the context of today's Australia.

The International Forum is the triennial meeting of the International Award Association, to which all National Award Authorities are invited, and where members of the Association consult and discuss operational developments of The Duke of Ed around the world. The program includes many opportunities for the Australian Duke of Ed community to get involved and meet some of our closest supporters.

## How to get involved...

We are looking for Coordinators and Participants to help at the following events in Sydney:

**Wednesday 28th October** Welcome Reception at the Opera House 7pm - 9pm: A truly Australian welcome to our international guests, the night will involve a welcome guard of honour by Participants and Coordinators.

**Friday 30th October : Duke of Ed's Biggest BBQ** As part of the Forum Program in Australia we are having a National Duke of Ed Day of Action unifying our 33,000 Participants and 1,100 Licensed Operators across the country through one National event – see below how you can take part.

**Friday 30th October** Youth Concert at the Sydney Convention Centre from 7.30pm: An entertainment spectacular, the Youth Concert will showcase some of Australia's best young talent. Help out or buy a ticket and come along.

**Saturday 31st October** Forum Gala Dinner at Crystal Palace, Luna Park 7.00pm: The grand finale and gala event with a truly Australian flavor. We will be looking for Coordinators and Participants to help out on the night.

These events will be attended by HRH, The Earl of Wessex, Prince Edward; Her Excellency Prof Marie Bashir, The Governor of NSW; Lord Mayor of Sydney Ms Clover Moore; International Delegates; World Fellows and Trustees; VIP Australian guests and Sponsors.

Please contact the National Award Office to express interest in volunteering, supporting the Youth Concert, or for more information: [reception@dukeofed.com.au](mailto:reception@dukeofed.com.au) or (02) 9252 2408

# DUKE'S CONTACTS

## THE DUKE OF EDINBURGH'S AWARD IN NEW SOUTH WALES

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www.dukeofednsw.au.com

## NSW SPORT AND RECREATION

Our role is to encourage people in NSW to make physical activity a regular part of their life. We want more people, more active, more often. We do this by working in partnerships to create opportunities for people to get active. Specifically, we work with:

- Industry to develop sustainable infrastructure
- Communities to identify local solutions to physical inactivity
- Government to provide integrated solutions to community needs.

For more information visit [www.dsr.nsw.gov.au](http://www.dsr.nsw.gov.au) or call 13 13 02

Resources, contacts and information provided in Waypoint are only representative of the many services, providers and organisations that may be helpful to Coordinators or participants of the Duke of Edinburgh's Award. Inclusion in Waypoint does not imply recommendation or endorsement, nor is the information provided comprehensive or complete. We recommend that you do your own research to find the most suitable services, training, products, organisations or other resources for your program or participants.

## WILDERNESS FIRST AID TRAINING

Wild Aid and Laurel Hill Forest Lodge are offering four-day Wilderness First Aid Certificate training packages at Tumbarumba. Cost is \$640 and includes accommodation and meals.

Monday 5 to Thursday 8 October 2009  
Monday 14 to Thursday 17 December 2009  
Contact WILD AID – [www.wildaidtraining.com.au](http://www.wildaidtraining.com.au)  
Phone 1800 23 66 99 or 0418 602 551

Registration forms available by email, mail or fax.  
Laurel Hill Forest Lodge  
1670 Batlow Road, Tumbarumba NSW 2653  
Phone: 02 69488669 Fax: 02 69488665  
Email: [admin@laurelhillforestlodge.com.au](mailto:admin@laurelhillforestlodge.com.au)



Learn what to do in situations where life saving support is not immediately available



**Communities**  
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**The Duke of Ed**